

Am I a candidate for genetic testing for Familial Hypercholesterolemia?

Below are five simple questions designed to help you, or your family members, decide if you are candidates for genetic testing for familial hypercholesterolemia.

If you answer “yes” to ANY of the following questions, you may be a candidate and should talk with your physician (either your family doctor, internal medicine doctor, or your cardiologist) about genetic testing.

- 1) Have you or has any of your **adult** first or second degree relatives* ever shown an **untreated total blood cholesterol level above 290 mg/dL (7.5 mmol/L)** with normal triglycerides **or an untreated plasma LDL cholesterol level above 190 mg/dL (4.9 mmol/L)**?
 Yes No
- 2) Have any of your **children or nephews/nieces** ever shown an **untreated total blood cholesterol level above 260 mg/dL (6.7 mmol/L)** **or an untreated plasma LDL cholesterol level above 155 mg/dL (4 mmol/L)**?
 Yes No
- 3) Have you or has any of your first or second degree relatives* suffered a **heart attack** before the age of 45 (in males) or 55 (in females)?
 Yes No
- 4) Have you or has any of your first or second degree relatives* had **tendon xanthomas** (cholesterol deposits appearing as lumps under the skin above the tendons of the hand, feet, elbows, or knees)?
 Yes No
- 5) Do you have a **known family history** of Familial Hypercholesterolemia?
 Yes No

*First degree relatives include children, parents, and siblings. Second degree relatives include grandparents, grandchildren, uncles, aunts, nephews, nieces, and half-siblings.

If you answered “yes” to ANY of these questions, please consider talking to your doctor about genetic testing for you and/or your family.

Since this testing is new, we recommend that you print the following materials about FH and genetic testing to give to your doctor. [Physician Information](#).

You may also want to review the following information, available on our website:

- [Patient information](#)
- [Familial Hypercholesterolemia: Disease Overview](#)
- [Facts about Familial Hypercholesterolemia](#)
- [Information about genetic testing](#)

If you have any questions, please feel free to contact us by phone at: 1-866-647-0735 or 617-851-5798 or by email at: heartinfo@correlagen.com