



Am I a candidate for genetic testing for cardiomyopathies?

(including Hypertrophic Cardiomyopathy (HCM), Dilated Cardiomyopathy (DCM), and Arrhythmogenic Right Ventricular Dysplasia/Cardiomyopathy (ARVD/C)?)

Below are some simple questions designed to help you, or your family members, decide if you are candidates for genetic testing.

If you answer “yes” to questions 1 or 2, you should talk with your physician about genetic testing.

- 1) Have you or has any of your first or second degree relatives* suffered from heart failure or been given the diagnosis of “Cardiomyopathy” in childhood or early adulthood, in the **absence** of coronary artery disease (“clogging” of the blood vessels that supply blood to the heart)?
 Yes No
- 2) Have you or has any of your first or second degree relatives* received a clinical diagnosis of dilated cardiomyopathy (DCM), hypertrophic cardiomyopathy (HCM), or arrhythmogenic right ventricular dysplasia/cardiomyopathy (ARVD/C)?
 Yes No

If you answer “yes” to question 3 or any part of question 4, you should talk with your physician about cardiac testing and, if indicated, follow-up genetic testing.

- 3) Has any of your first or second degree relatives* experienced sudden cardiac death before the age of 45?
 Yes No
- 4) Do you and any of your first or second degree relatives* have any of the following signs or symptoms:

Chest pain, shortness of breath, and/or unusual fatigue during or after moderate exercise?
 Yes No

Frequent heart palpitations (the sensation that the heart is beating irregularly or “fluttering”)?
 Yes No

Frequent unexplained fainting spells?
 Yes No

* First degree relatives include children, parents, and siblings. Second degree relatives include grandparents, grandchildren, uncles, aunts, nephews, nieces, and half-siblings

If you have any questions, please feel free to contact us by phone at 1-866-647-0735 or by email at testing@correlagen.com.